

**PRESIDENT'S MESSAGE**

When you have a problem, it is sometimes hard to figure out who to go to and what to do. Your Board is here to advise and help where we can, and we do our best to accommodate your concerns. But keep in mind that WE ARE VOLUNTEERS and do not have the legal or policing authority or expertise to handle every situation.

Board responsibilities include:

- Making budgetary decisions, paying community contractors (i.e. gardeners, the pool maintenance company, etc.) and collecting necessary fees
- Obtaining legal counsel where appropriate
- Maintaining the pool and the other common areas in Plat 2
- Providing homeowners with landscaping guidelines (i.e. paint charts with the agreed-upon colors for home exteriors, gardening directives, etc.)
- Maintaining the lakes bordering our community
- Interviewing potential buyers and renters
- Being apprised of all the latest updates from the Alliance and the Rec Association and passing that information along to you
- Monitoring compliance of various rules and ordinances

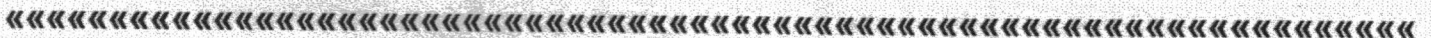
However, recently board members have been called upon to settle issues beyond our purview. We cannot resolve disputes between neighbors, or legally intercede when homeowners are no longer able to take care of themselves and pose a danger to themselves or others, or provide realtors with keys for homes that are up for sale where the homeowner has already moved away. These are only a few of the latest examples where we have had to draw the line.

As homeowners, each of us has to be responsible. If a guest is behaving inappropriately or gets in a car when obviously too inebriated to drive, it is the homeowner who is ultimately responsible for any resulting injuries to others or damage to property. (On a street as narrow and winding as Via Vesta, this is particularly critical.) Also, there have been several instances where exceedingly loud noises, such as blasting car radios, have been disturbing to surrounding neighbors.

We want to be aware of what is going on, but we cannot always provide—or become—the answer. So please keep this in mind before you pick up the phone.

Thank you for your cooperation.

*George Kuhn*  
President



If you thought our Fall pool party was a blast, wait until you see the great pictures from our Mid-winter festivities! Turn to Pages 10 & 11.

**FOR YOUR SAFETY**  
**Carol and Dennis Michalic**  
**MOVE OVER!!!**

The Move Over Law is meant to provide safe work areas for those who patrol and/or deliver critical services to others while on roadways.

On a multi-lane road, you must leave the lane closest to the emergency vehicle or slow to 20mph if unable to change lanes. On two-lane roads, slow to 20mph below posted speed limit or travel at 5mph if posted speed limit is below 20mph.

Vehicles to be aware of are police vehicles, fire/ambulance vehicles, sanitation trucks, utility vehicles, road rangers or tow trucks.

Persons on bicycles who are on the sidewalk are considered as pedestrians and pedestrians and bicyclists in the roadway are required to observe traffic regulations as if in a vehicle. They should be in a bike lane when appropriate and ride with the flow of traffic, no more than 2 abreast. In addition, bicyclists are to be accorded a 3-foot safety zone when passing.

Have respect for the motorcyclist and bicyclist as they do not have the protection offered by cars and trucks BUT they also have to respect the motorist and obey traffic laws.

**STAY SAFE!**



**5<sup>TH</sup> ANNUAL DELRAY VILLAS FOOD DRIVE**

We at Delray Villas are having our 5<sup>th</sup> Annual Food Drive. Again, last year it was very successful and we want to continue our giving. Please donate non-perishable or canned goods. PLEASE NO OUT OF DATE OR OPENED FOOD. Designated boxes will be put in the lobby of Building B. Any questions, please contact Shelley or Ron Miller at 561-637-8851 or if you need us to pick up your donation, call between 10:00am to 5:00pm. We are thanking you in advance.

**Dates: March 19, 2017 to April 19,2017**

**Place: Lobby in B Building**

**REMEMBER NO OUT OF DATE FOOD OR OPENED FOOD**



**MARCH**

- 6... Shelley Kuller
- 9... Amy Richards
- 12... Sally Ornstein
- 14... Joan Bernard
- 19... Irene Kronen
- 23... Juliet Tucceri  
Phyllis Manover
- 24... Ida Ventura
- 30... Bobbi Rosenbaum

*"Middle age is when someone your own age looks much older than you think you look." Unknown*



**Classified Ads**

Antique love seat; black hand-carved mahogany wood around back and arms, off-white upholstery. Perfect condition. \$100. Large dining room style chair, excellent condition, free with loveseat. Call Arline (561) 638-0823.

Donations of clean, gently used clothing, household items, etc. for Blessings and Bargains Thrift Shop can be picked up and will be much appreciated. Call Sharon McCloskey, 865-3780.

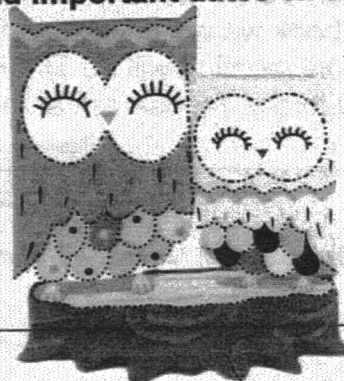
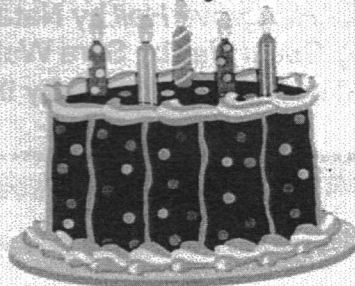
You're welcome to submit your own classified ad: 2 lines for \$2.  
Contact [sharonmccloskey@bellsouth.net](mailto:sharonmccloskey@bellsouth.net)

*"Time is money, so when you go shopping, take lots of time." Unknown*



**ADD YOUR BIRTHDAYS & ANNIVERSARIES TO OUR LIST!**

Contact Sharon McCloskey at [sharonmccloskey@bellsouth.net](mailto:sharonmccloskey@bellsouth.net) or Wendy Karger at [wendkarger@aol.com](mailto:wendkarger@aol.com) so we can add your names and important dates to our monthly listings.



## CLUB HAPPENINGS

### NA'AMAT USA

Our next meeting will be on Monday, March 6<sup>th</sup> at 9:00am in the "A" Building. After a regular business meeting, we will have an interesting program. Bagels and coffee will be served.

\*\*\*\*\*

### DEBORAH

Our next meeting will be our GALA at Benvenuto. Please get in touch with Lee Kolodney for more information.

\*\*\*\*\*

### MEN'S & WOMEN'S SOCIAL CLUB

Our next meeting will be on Tuesday, March 21<sup>st</sup> at 7:00pm in the "A" Building. This will be a Wine and Cheese evening. We will supply the cheese and trimmings; you bring your own wine. Also note that gentlemen may now wear shorts to our meetings.

\*\*\*\*\*

### AFTER SIX CLUB

Don't forget our next meeting on Wednesday, March 1<sup>st</sup>. Our evening will include a terrific entertainer and, of course, regular business.

We are getting ready for our charity show to benefit Shriner's Children's Hospital. The show is set for Saturday, April 15<sup>th</sup> and tickets are still available. If interested, come to our next meeting.

By the way, our picnic is on Wednesday, March 15<sup>th</sup> at the Lake Ida Park, right across from the Delray Playhouse. Come join the fun. Looking forward to seeing you there. Diane Weiss 381-4456.

\*\*\*\*\*

### DELRAY VILLAS FRIENDS OF ITALY CLUB

Our next meeting will be on Friday, March 3<sup>rd</sup> at 7:00pm in the "B" Building. Dominic D'Alessandro of Las Vegas fame will speak at our meeting, discussing different aspects of gambling. Coffee and cake will be served.

Our Annual Picnic will be on Wednesday, March 15<sup>th</sup> at Morikami Park. Fantastic BBQ lunch will be served around 12 noon. Please bring your own soft drinks. \$19 for members and guests. It will be a fun day with great food, music and games. All are welcome to come and join us for a great day... Hopefully you'll also be interested in joining our club. Call Mena DiGiorgio, 495-4552, to make a reservation and arrange payment.

On Thursday, March 30<sup>th</sup> we will hold our annual Bocce Tournament at Delray Villas. Details to be discussed at our meeting. All are welcome to join us. Call Anthony DiGiorgio, 485-4552.

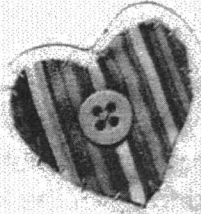
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### BOOK CLUB

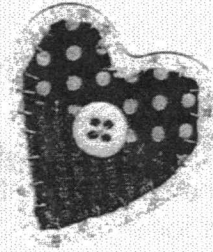
Our next meeting will be on Monday, March 6<sup>th</sup> in the Ceramics Room of the "B" Building from 1:00-2:00pm. The book we will discuss is *Song of Hartgrove Hall* by Natasha Solomon.. The selection for our April meeting will be *The Paying Guest Hall* by Sara Waters. Books are on hold at the Hagen Ranch Library. Please ask at the front desk for the books by title. Leslie Boardman 561-808-7600.

\*\*\*\*\*

*"To accomplish something important, two things are necessary: a definite idea, and not quite enough time." Evan Esar*



## WE CARE



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### FOR MEDICAL EQUIPMENT CALL:

David Goldstein - 498-5098  
Martin Dreiblatt - 865-0991  
Bernie Nachimson - 866-2218  
Stan Hofkins - 496-0885

**TRANSPORTATION SERVICE WILL BE SUSPENDED UNTIL FURTHER NOTICE.**

### WE NEED VOLUNTEERS!

Please call our President: Bill Kaplan at 499-7893  
or our V.P & Coordinator: Anita Silverman at 498-9208



*"Where do doctors in Florida send their patients to recuperate?" Unknown*

**To Your Health**  
**Wendy Karger**

**The eating of the greens...**

We were thinking that, in honor of St. Patrick's Day, we should focus on something *green*. But other than pistachio ice cream, what we came up with all seemed to be in the kale and broccoli veggie realm—*except* for avocados, which, I learned, are technically a *fruit*. (In case you're wondering, the difference between a fruit and a vegetable is that a fruit contains seeds while a vegetable is an edible part of a plant that doesn't have any role in its reproductive cycle.)

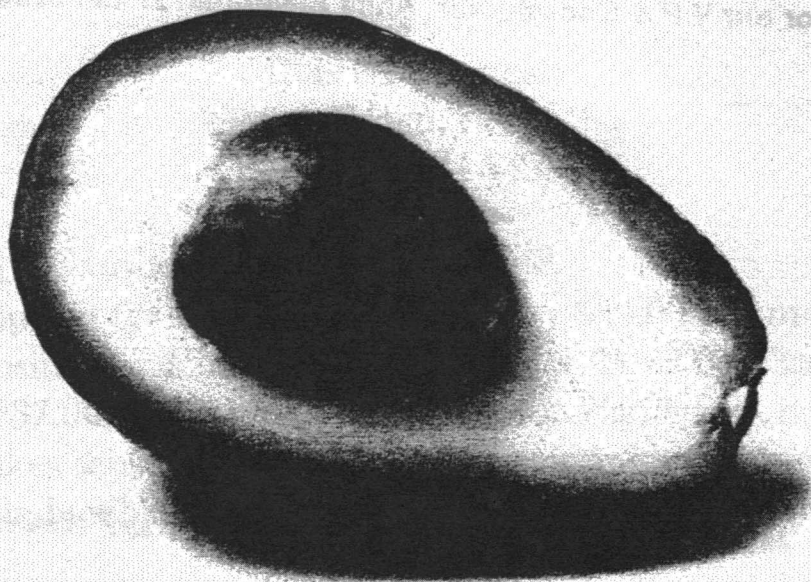
What we found out is that avocados have several health benefits ranging from easing arthritis symptoms and boosting heart health to reducing the risk of mouth, skin and prostate cancer. They have also been found to lower LDL cholesterol while simultaneously increasing HDL—the "good" cholesterol.

In addition, avocados do a great deal to help boost eye health with two carotenoids (lutein and zeaxanthin). These act as antioxidants in the eye to help lower the risk of developing age-related eye conditions (including macular degeneration and cataracts). They also protect the eyes from sun damage. And the fats contained in the avocado bolster the body's ability to absorb those important carotenoids.

The commonality in all of these benefits hinges on the specific combination of mono- and polyunsaturated fats in the avocado that promote the absorption of several essential nutrients the body needs to stave off many inflammatory and other potential health problems.

Ah—but aren't avocados fattening? Yes, BUT! Half of a medium-sized avocado contains 6 to 7 grams of fiber which can help you feel full faster and longer than, say, that pistachio ice cream we were thinking about earlier... Plus, the oleic acid (one of the numerous unsaturated fatty acids in the avocado) may also activate the satiety center in the brain that tells you when you're feeling full.

So, take a look at Catherine's exotic—yet healthy—variation on traditional guacamole on the following page.



*"Life expectancy would grow by leaps and bounds if green vegetables smelled like bacon." Doug Larson*

## WHAT'S COOKING?

Catherine Patti

### Roasted Veggie Guacamole

(an easier variation of a *Vegan Yack Attack* recipe)

- Take 4 small or 2 large avocados and mash with desired amount of chopped cilantro, lime juice, salt and pepper.
- Add 2 cups of roasted chopped vegetables of choice: bell peppers, onions, garlic, seeded jalapenos, etc.
- Serve cold with crispy chips and sliced jicama (a juicy white, tasty choice) for a nice twist to the same ole guacamole.



*"I read recipes the same way I read science fiction. I get to the end and I think, 'Well, that's not going to happen.'" Anonymous*



# nerd alert™

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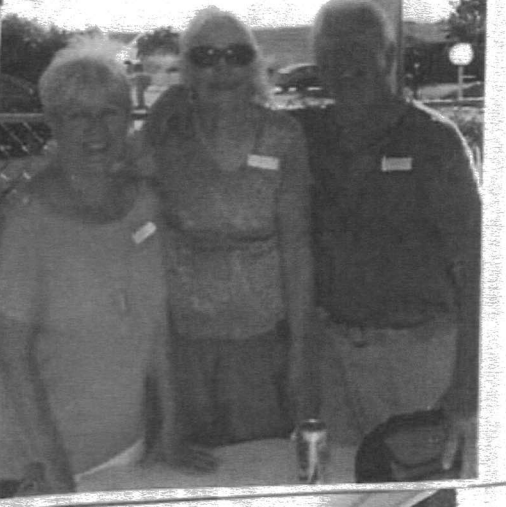
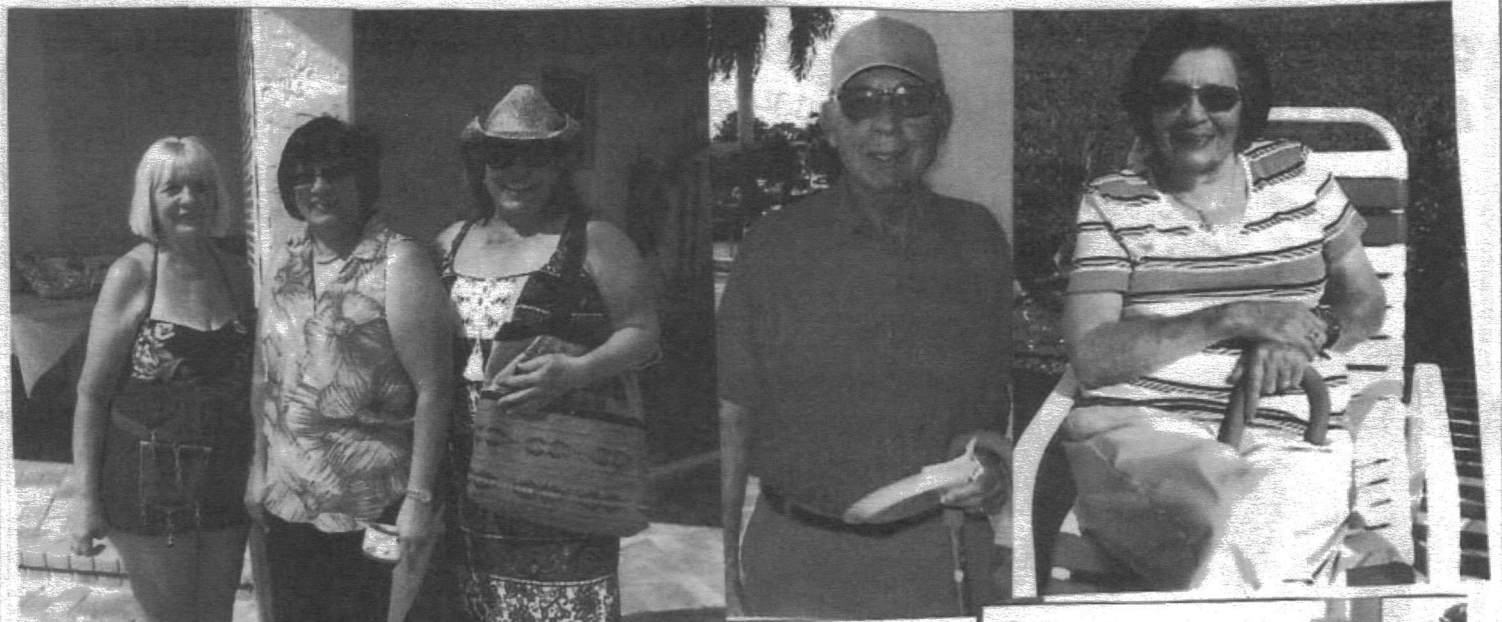
<sup>1</sup>ABPS  
<sup>2</sup>ABMS

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# *What a wonderful party!*

Our mid-winter pool party on February 19<sup>th</sup> was a great success. We all enjoyed each other's company and a feast of delectable homemade goodies. Thanks to Arlene and Jack Kessler, we have some great pictures. And some people even ventured into the pool!!! See for yourself...





*"Happiness is a day at the pool!" Author Unknown*

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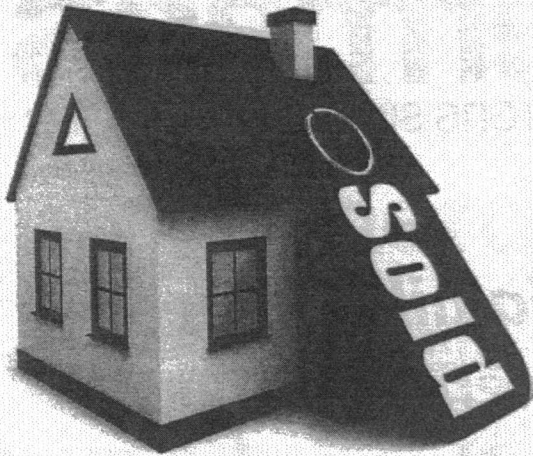
***Arrangements for Out-of-State Burials***

*\* Of Blessed Memory*

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| -Vanya & Sonia & Masha & Spike<br>by Christopher Durang  | May 20 <sup>th</sup> - June 4 <sup>th</sup> |

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## ATTENTION SENIORS

I believe that Seniors have the right to choose their own Doctors & Hospitals.

My name is Thomas Coughlin and I am a local agent who has assisted seniors in choosing the Medicare Supplement and Prescription Drug plan that fits their needs and allows them to choose their *Doctors & Hospitals* for over 15 years. I can assist you in finding a plan that:

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Let me show you how to save money on your healthcare costs.
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- Plans available with no out-of-pocket costs for Deductibles or Co-Pays.

### FOR ASSISTANCE CALL:

Thomas Coughlin  
13391A Via Vesta  
Delray Beach, FL 33484  
(561) 702-0549

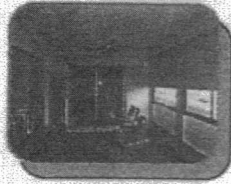
Why does an HDF policy make great sense?

It's really very simple: a 65-year-old female will pay \$60.00 per month in premium and will be responsible for \$2200.00 Deductible for the HDF Plan. That same female will pay \$237.00 per month in premium for Plan F with no Deductible. As you can see, it makes sense to commit to a lower premium as most healthy people never meet their deductible. I would like the opportunity to explain this product in greater detail.



# Judy & Joe are #1 in listings & Sales Inside Delray Villas

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13031 Via Vesta  
Large glass enclosed porch!



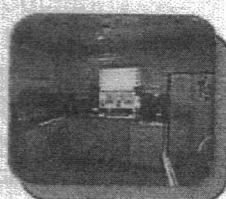
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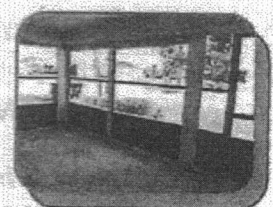
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## PLAT 2 • BOARD OF DIRECTORS

President-----	George Kuhn (2018)	568-2510
Vice President-----	Ellen Rosenman (2017)	499-2944
Treasurer-----	Patricia Pratt (2018)	499-3954
Recording Secretary-----	Holly Krahe (2017)	(954) 290-5061

Other Directors-----	Lynn Amsterdam (2018)	(973) 464-6105
	Bill Margillo (2017)	495-9927
	Sharon McCloskey (2019)	865-3780
	Ida Ventura (2019)	637-1636
	Ed Redder (2019)	894-7047

Lawns & Landscaping: Bill Margillo

Pool: Sharon McCloskey

Beautification: Lynn Amsterdam, Ida Ventura

Lakes: Ed Redder

Interviews: Sharon McCloskey, Ida Ventura

Compliance: ALL DIRECTORS

Representative to the Rec Association and Alliance - Steve Ragno \* - 499-0142  
 Reoresentative to the Rec Association- Reynold Pratt\* - 499-3954

\* indicates volunteer

**PLEASE KEEP THIS PAGE HANDY IN THE EVENT YOU HAVE TO CALL A BOARD MEMBER.  
 BOARD MEMBERS CAN BE CALLED MONDAY – FRIDAY BETWEEN 10a.m. & 5p.m.**

***And please, when you have a problem, refer to this list to get in touch with the appropriate Board member who is assigned to help you in that specific area. You'll save a lot of time, aggravation and extra phone calls. Thanks for your help.***

### BOARD MEETINGS 2017

### HOA "GENERAL" MEETINGS 2017

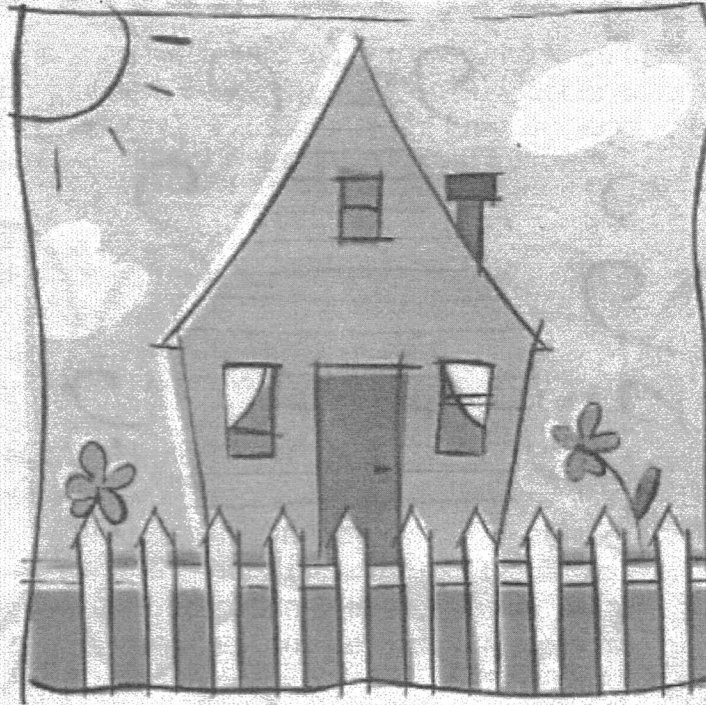
January 24<sup>th</sup>  
 February 28<sup>th</sup>  
 March 28<sup>th</sup>  
 April 25<sup>th</sup>  
 May 23<sup>rd</sup>  
 June 27<sup>th</sup>  
 July 25<sup>th</sup>  
 August 22<sup>nd</sup>  
 September 26<sup>th</sup>  
 October 24<sup>th</sup>  
 November 28<sup>th</sup>  
 December 19<sup>th</sup>

These meetings will be held on **March 28<sup>th</sup>** and **December 19<sup>th</sup>** directly after the Board meetings on the same date. Our 2018 new Board elections will be held at the December HOA meeting.

Remember that **you are all encouraged to attend ALL meetings.** There will be time set aside at each meeting for you to bring up any issues you want to address, but **please indicate your wish to speak on the sign-in sheet on the dais when you arrive.** We want to hear from you and also keep you informed about all the things your Board is planning and doing for you.

Meetings are in the "B" Building, Viking Room, and start *promptly* at 7:30pm.

## *Our Plat 2 Architectural Review Board...*



Architectural review used to be considered a Board function. But, because of new Palm Beach County regulations, the architectural and landscaping oversight team has now become a separate entity whose members are not necessarily Board members. Our new ARB members for 2017 are:

- Helen Katz (561)498-8136
- Jory Siegel (847) 987-1798
- Denise Bellemeur (954) 691-5469

When you want to make an improvement to the outside of your home, you need to first get your plans approved by this group. They will want to know what improvements you plan to make (including but not limited to painting, roof repair, planting trees, extending your driveway, putting in new sliding glass doors, etc.), as well as who the contractors or companies are, and whether they are insured and have good reputations. They will ask you other questions to make sure your plans are up to code and adhere to the most recent county, state and Delray Villas regulations.

When you plan to repaint your home or driveway, the review board will provide you with the choices of agreed-upon colors for our community. When you want to make other improvements which will affect the outside of your home, they will guide you through all the necessary steps to help ensure that you get the desired outcome.

So contact them and let them help you realize your "dream house."

*"If you think you're too old for growing pains, try gardening." Evan Esar*



# Happy St. Patrick's Day!

*From the*  
Grapevine Staff

