

PRESIDENT'S MESSAGE

I was glad to see so many of you at our annual meeting, while still missing those of you who were not able to be there. But we had a really good showing and a fruitful meeting. To fill you in, I am happy to report that we are moving forward on all fronts:

- Sharon McCloskey continues to do a fantastic job keeping up our pool renovations and helping to make the pool even more accessible and inviting as a central part of our social activities.
- I also want to acknowledge all the homeowners who have made their own home improvements. It really makes a tremendous difference and we can all take pride in how good our community is looking, thanks to all of your efforts.
- In addition, as of January 1st, we will have a new landscaping company—PMA—and we are looking forward to the improvements they will make as well.

George Kuhn
President



Additional Notes from the Board

Please remember that parking on grassy swales is not allowed. This is not only a safety measure, but also a practical one. Any damage that is done to the swale adjoining your house will be the responsibility of the homeowner to repair and to pay for.

Also, sidewalks must not be obstructed by parked cars. This is a Florida state law. The two-wheels-on/two-wheels-off street parking is allowed only during daylight hours, but not permissible overnight. It is very important for homeowners with single-car driveways to carefully evaluate the best way to handle parking in your specific location, especially if your home is situated on a curve in the road, where your car could be hit by another car making the turn. Please utilize your garage for one car and park the second car on your driveway. If this is not feasible, check with neighbors to see if you can park in their driveway.

Also, please refer to the list of HOA Board Members and their respective responsibilities (on the inside back page) to assure that you are calling the appropriate person to address a particular HOA problem. We suggest that you tear off that page and keep it handy.

And don't forget to come and enjoy our pool! It is heated between October and May for your comfort. Just remember to put your chairs back against the fence when leaving; do not leave them in the walkway around the pool, so people can avoid tripping over them. Also, please take away any water bottles, etc. that you brought in with you.

Thanks for your cooperation.

FOR YOUR SAFETY
Carol and Dennis Michalic

No season is safe from thieves!

Almost every day you can read about car burglaries that have been committed. Here are some tips to help prevent you from becoming the next victim.

- Don't leave valuables (purses, wallets, guns, computers, cell phones, backpacks, jewelry or briefcases) in your car. Take them with you, even if parking in your own driveway.
- Try to hide packages and bags under some type of cover if your trunk area is visible to anyone looking in.
- Secure portable garage door openers.
- Park in well lit areas whenever possible.
- Lock your doors and keep windows closed when pumping gas or while picking up children in public areas.
- NEVER leave a running vehicle unattended.

Thieves do not require a lot of time to break into your car, take property and leave, most times without your realizing what happened while you were distracted or not paying attention. So start the new year right and take a few extra minutes to check before leaving and locking your car so you don't learn these valuable lessons the hard way.

"Many a man is saved from being a thief by finding everything locked up." Ed Howe



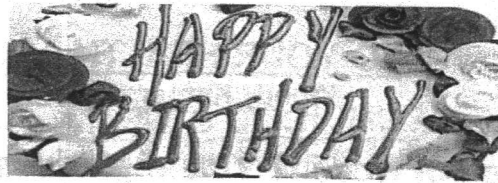
Last month my mailbox was hit by a female driver. It was witnessed by neighbors but they didn't have time to get the license number. The repair cost me \$175 for the materials and labor.

Then two weeks later, neighbors witnessed that a female driver hit it again. This time she did not knock it down, but cracked the cement foundation, bent the bolts and warped the mailbox that had just been replaced! It cost another \$50 to have it fixed as well as was possible; it is not perfect. The witness said she came back to try to fix it herself, which was impossible because of the damage she'd caused to the cement foundation. She told the witness she knew me but did not leave her name or contact number.

If anyone knows who hit my mailbox either time, please contact me.

Arline Tanzer (563) 638-0823

PLEASE OBSERVE THE SPEED LIMIT ON VIA VESTA. WE'VE HAD TOO MANY ACCIDENTS BECAUSE OF CARELESS DRIVERS.



January

- 7... Miguel Nunez
- 9... Rosa Palomar
- 15... Jack Kessler
- 19... Robin Kaufman
- 21... Ed Redder
- 26... Stanley Amsterdam

"Middle age is the time in life when you stop criticizing the older generation and start criticizing the younger one."

Unknown



Classified Ads

Donations of clean, gently used clothing, household items, etc. for Blessings and Bargains Thrift Shop can be picked up and will be much appreciated. Call **Sharon McCloskey, 865-3780.**

You're welcome to submit your own classified ad: 2 lines for \$2.

Contact sharonmccloskey@bellsouth.net

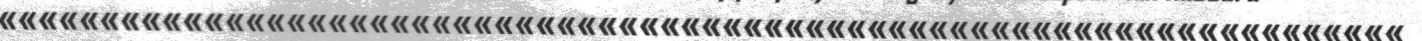
"We don't want a thing because we have found a reason for it; we find a reason for it because we want it." Will Durant



***A Warm Welcome to Our
New Neighbors:***

- Nouridine Hogga and Amal Derder – 13312 Via Vesta
- John and Maria Schulz – 13063 Via Vesta
- Hector Rodriguez – 6050 Via Diana

"The trouble with Florida is that you run into so many people you thought you'd escaped." Kin Hubbard



ADD YOUR BIRTHDAYS & ANNIVERSARIES TO OUR LIST!

You can contact Sharon McCloskey at sharonmccloskey@bellsouth.net or Wendy Karger at wendkarger@aol.com so we can add your names and important dates to our monthly listings.

TO YOUR HEALTH

Wendy Karger

Better fresh or frozen? You might be surprised...

Even here in sunny Florida, there are many "summer" fruits and veggies that aren't readily available in January. So after you've run out of possible choices of apples and pears, you might want to opt for a little variety among the ever-abundant frozen selections. But will you be getting the same nutritional value?

At Pilot R+D, a culinary research and development company in Sonoma, California, a team of nutritional researchers compared the vitamin content in eight different fresh and frozen fruits and vegetables—strawberries, blueberries, corn, spinach, broccoli, peas and green beans.

Nutritionally speaking, between the fresh and the frozen varieties, there's often no clear winner, according to Dr. Ali Bouzari, the team's head researcher. "It really depends on which plant you're talking about." In fact, the vitamin content was occasionally higher in some of the frozen foods, like frozen broccoli, which has more of the B vitamin, riboflavin, than fresh broccoli, and frozen green beans and blueberries, both containing more vitamin C than their fresh counterparts. "Minerals like iron are bulletproof and fiber doesn't care at all whether it's heated or frozen."

Mary Ann Lila, director of North Carolina State University's Plant for Human Health Institute, cautions us that nutrients in fresh produce, including berries, can degrade if not eaten right away. Frozen berries will also deteriorate when they're kept in a home freezer that's frequently opened and shut as opposed to a deep freezer or the very back of your kitchen freezer. For the best quality, her advice is to look for individually quick frozen—or I.Q.F.—produce.

So, for the purists among us who wouldn't give a second glance to a package of frozen strawberries, you can either wait until June, pay top dollar for imported offerings, which won't be as fresh by the time you get them, or consider one of the savory frozen suggestions Catherine has for us on the following page!



"My doctor told me to stop having intimate dinners for four. Unless there are three other people." Orson Welles

WHAT'S COOKING?

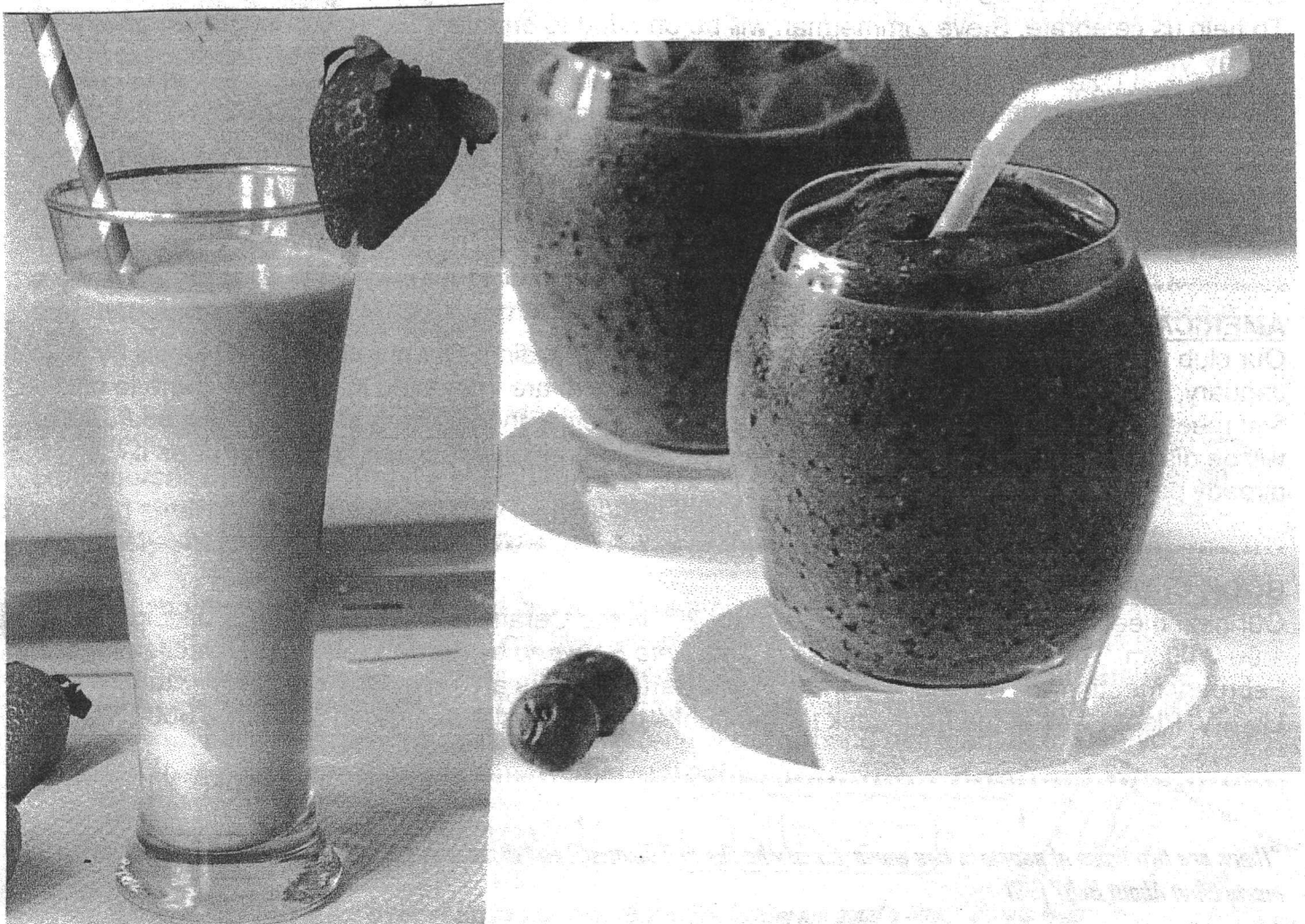
Catherine Patti

How about toasting in the new year with a refreshing strawberry, blueberry or mixed-berry Lassi? A lassi is a popular drink in India that's thought to date back at least to 1000 BC—sort of like an Indian “smoothy!”

Take:

- 15 strawberries—fresh or frozen OR 1 cup fresh or frozen blueberries OR half of each!
- 4 tablespoons sugar (or not)
- 1 ½ cups of Greek yogurt
- ½ cup cold milk

Puree in blender and serve immediately.



“On New Year’s Eve, the old year ends with people mixing drinks, and the new year begins with drinks mixing people.” Evan Esar

CLUB HAPPENINGS

NA'AMAT USA

Our next meeting will be on Monday, January 2nd at 9:00am in the "A" Building. After bagels and coffee, we will have an interesting meeting.

DEBORAH

Our next meeting will be on Thursday, January 19th at 12 noon in the "A" Building. There will be a short business meeting, then our program will begin. Bagels and coffee will be served.

MEN'S & WOMEN'S SOCIAL CLUB

Our next meeting will be on Tuesday, January 17th at 7:00pm in the "A" Building. After a short business meeting, we will have great entertainment. Coffee plus will be served. Nibbles will be on the tables. Please pay your dues for 2017. That's \$15 per person.

AFTER SIX CLUB

Our next meeting will be on January 4th, our 10th anniversary and a great night to check us out! To help us celebrate, Steve Zimmerman will be on hand to entertain us. This is the best club in Delray Villas. So what are you waiting for? Membership is \$15 a year per person. Lots of exciting plans for the year.

An evening with Davie jai-Lai and casino will be on January 7th for \$20 per person including bus and \$10 slot play and \$5 towards food, driver and tip included. Checks should be made out to The After Six Club and must be paid by January 4th. Hope to see you. Diane Weiss 381-4456.

AMERICAN ITALIAN CLUB

Our club will meet on January 13th at 7:00pm in the "B" Building. Our meetings for 2017 will be in January, February, March and April. We welcome all who are interested in joining to come to our first meeting. Coffee and cake will be served. We welcome and look forward to our new board. We will be discussing the date for our annual picnic. Please bring your check for \$15 for dues if not already paid.

BOOK CLUB

Our next meeting will be on Monday, January 2nd in the Ceramics Room of the "B" Building from 1:00-2:00pm. The book we will discuss is *The Time Between* by Karen White. Our selection for our February meeting will be *The Widow* by Fiona Barton. Books are on hold at the Hagen Ranch Library. Please ask at the front desk for the books by title. Leslie Boardman 561-808-7600.

"There are two types of people in this world: those who like Neil Diamond, and those who don't." Bill Murray's character in the movie What About Bob? 1991

Get up early!

EXERCISE!

Lose 10 ^{to 15} Pounds!

SMILE MORE!



EVER WONDER..?
Wendy Karger

Why are New Year's resolutions doomed to fail?

Every year, Americans make an estimated 2 million New Year's resolutions, yet nearly 30% are given up within the first two weeks. And while health club enrollments may skyrocket in January, attendance invariably plummets by March.

But this is not just an American obsession. New Year's resolutions have been made and abandoned for thousands of years! The ancient Romans, for example, would promise the god, Janus, that at the beginning of each year, they would set out to conquer their perceived shortcomings and make a fresh start. And look where it got them!

So why, time and again, do we set ourselves up to fail? Professor John Norcross, Ph.D. in psychology at the University of Scranton in Pennsylvania and author of *Changeology* has provided some insights.

Our expectations exceed our reach

Science has proven that starting from zero and shooting for the moon is the best way to ensure a quick crash landing. "Research shows massive goals are deflating rather than motivating," says Professor Norcross. "For example, you might lose a pound or two the first week, which is actually great, but it's going to feel like nothing compared with the 15 you wanted." Setting more realistic goals may be less exciting, but they have a much better chance of succeeding.

Our timing may be totally wrong

The New Year/New You approach may sound good, but research shows that the best time to make a commitment is when something specific happens in your life to convince you that this is your moment. According to Professor Norcross, "that's when you should seize the chance to make a change."

Change may require too many things we really don't like

If you're not a fan of quinoa and kale, opt for romaine or spinach instead. It's just a *salad*, so why beat yourself up over it? And if starting the day with a six-mile run is not your style, consider an evening stroll instead. Recent studies have shown that walking burns more calories than was previously believed. And if you actually enjoy it, you're more likely to stick with it.

But how about that heartfelt pledge to finally "get organized"? Every time I try to tackle an unwieldy pile of papers, something invariably gets filed where I'll never find it again. And there is now research that actually claims a chaotic environment may encourage creativity! (Einstein was notorious for having a messy desk.) To put it another way, if you've gotten this far in your life and work with whatever "system" you've been using (and your husband has learned to love you anyway), then just do the best you can—*within reason!*

CLEAN OUT GARAGE!

QUIT SMOKING!

BUDGET!

Join gym!

"Guilt is God's way of letting you know that you're having too good a time." Dennis Miller



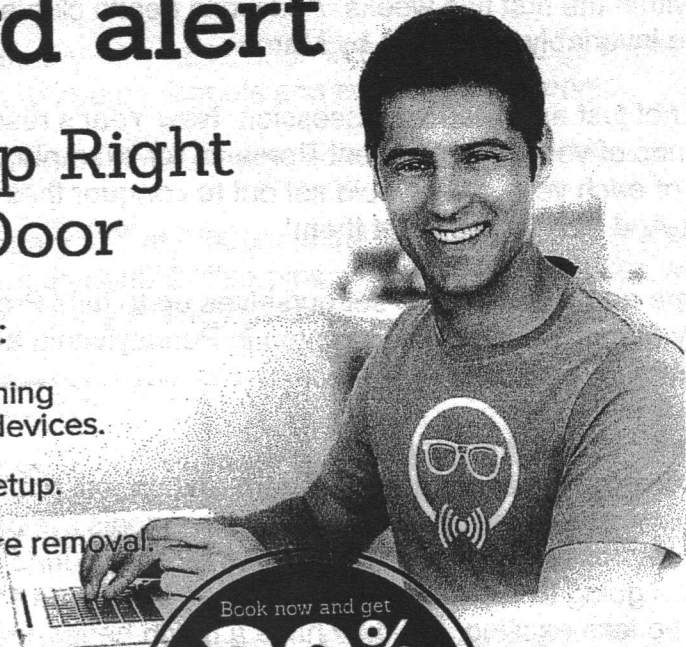
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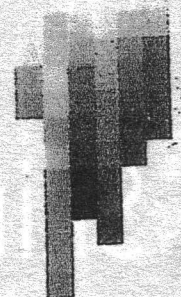


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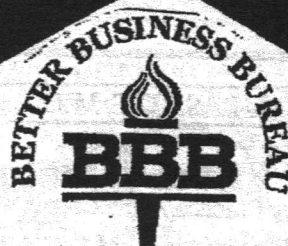
-The Odd Couple by Neil Simon	Feb 4 th - 19 th
-Once Upon a Mattress by Mary Rogers & Marshall Barer	Mar 25 th - Apr 9 th
-Vanya & Sonia & Masha & Spike by Christopher Durang	May 20 th - June 4 th

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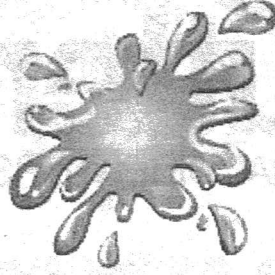
Arrangements for Out-of-State Burials

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COMING IN FEBRUARY:



Mid-Winter Pool Party!

JOIN US AT THE POOL AND LETS HAVE SOME FUN
WITH FRIENDS AND NEIGHBORS.

DATE TO BE ANNOUNCED

Either the 1st or 2nd weekend in February

FROM 1:00 PM to 4:00 PM.

Plat 2 Pool

Bring some food to share.

*You don't cook? That's fine! You can bring sodas,
disposable cups, cutlery, plates, napkins or ice.*

*Contact us and let us know that you will join us
and what you would like to bring.*

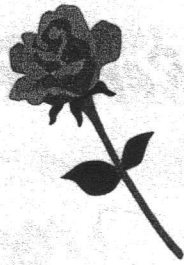
Carmen Ojeda - (954) 816-9966

clojeda@comcast.net

Sharon McCloskey - (561) 865-3780

sharonmccloskey@bellsouth.net

ALCOHOLIC BEVERAGES ARE NOT PERMITTED.



WE CARE



We have an assortment of medical equipment, including walkers, wheelchairs, commodes, shower benches and canes. Our equipment is loaned out for a limited time of 8-12 weeks. If you need this equipment indefinitely, please ask your doctor for a prescription for Medicare or your insurance provider.

A donation is requested on loaned equipment. A waiver of liability must also be signed for all equipment.

FOR MEDICAL EQUIPMENT CALL:

David Goldstein - 498-5098
Martin Dreiblatt - 865-0991
Bernie Nachimson - 866-2218
Stan Hofkins - 496-0885

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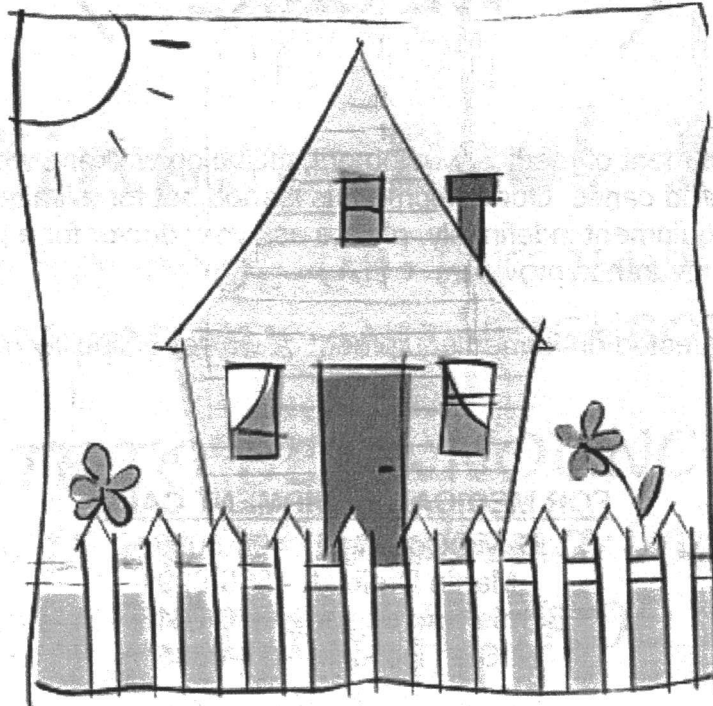
WE NEED VOLUNTEERS!

Please call our President: Bill Kaplan at 499-7893
or our V.P & Coordinator: Anita Silverman at 498-9208



*"What's the two things they tell you are healthiest to eat? Chicken and fish.
You know what you should do? Combine them—eat a penguin." Dave Attell*

About Our Plat 2 Architectural Review Board...



Architectural review used to be considered a Board function. But, because of new Palm Beach County regulations, the architectural and landscaping oversight team has now become a separate entity whose members are not necessarily Board members. Our new ARB members for 2017 are:

- Helen Katz (561)498-8136
- Jory Siegel (847) 987-1798
- Denise Bellemeur (954) 691-5469

When you want to make an improvement to the outside of your home, you need to first get your plans approved by this group. They will want to know what improvements you plan to make (including but not limited to painting, roof repair, planting trees, extending your driveway, putting in new sliding glass doors, etc.), as well as who the contractors or companies are, and whether they are insured and have good reputations. They will ask you other questions to make sure your plans are up to code and adhere to the most recent county, state and Delray Villas regulations.

When you plan to repaint your home or driveway, the review board will provide you with the choices of agreed-upon colors for our community. When you want to make other improvements which will affect the outside of your home, they will guide you through all the necessary steps to help ensure that you get the desired outcome.

So contact them and let them help you realize your "dream house."

"We shape our dwellings, and afterwards our dwellings shape us." Winston Churchill

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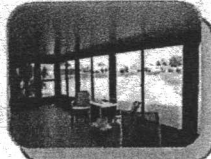
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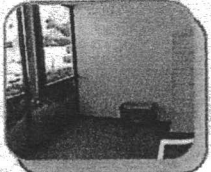
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13063 Via Vesta
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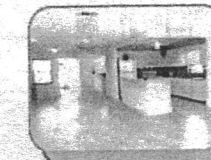
13736 Whippet Way W.
Great water views!



5805 Wanda Ln
Large screened in porch



6038 La Salle Rd
Upgraded kitchen-refaced



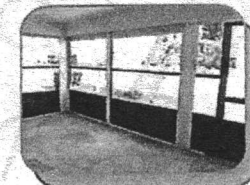
6182 LaSalle Rd
UPDATED! Water view!



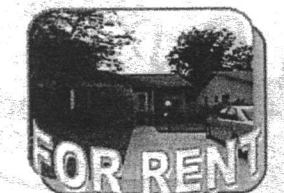
6260 Stanley Ln
Screened in porch private yard



14751 Edna Way
Front screened in porch



6107 Overland Pl
New granite kitchen
Lg screened in porch



14576 Candy Way
Seasonal rental \$1750



6194 LaSalle Rd



6249 Stanley Lane
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MEN'S & WOMEN'S SOCIAL CLUB
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Come join a fun evening!



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President----- George Kuhn (2018) 568-2510
 Vice President----- Ellen Rosenman (2017) 499-2944
 Treasurer----- Patricia Pratt (2018) 499-3954
 Recording Secretary----- Holly Krahe (2017) (954) 290-5061

Other Directors----- Lynn Amsterdam (2018) (973) 464-6105
 Bill Margillo (2017) 495-9927
 Sharon McCloskey (2019) 865-3780
 Ida Ventura (2019) 637-1636
 Ed Redder (2019) 894-7047

Lawns & Landscaping: Bill Margillo
 Pool: Sharon McCloskey
 Beautification: Lynn Amsterdam, Ida Ventura
 Lakes: Ed Redder
 Interviews: Sharon McCloskey, Ida Ventura
 Compliance: ALL DIRECTORS

Representative to the Rec Association and Alliance - Steve Ragno * - 499-0142
 Reoresentative to the Rec Association- Reynold Pratt* - 499-3954

* indicates volunteer

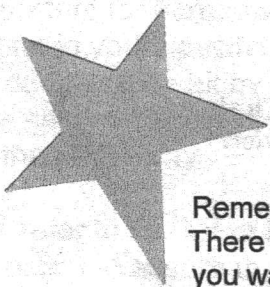
**PLEASE KEEP THIS PAGE HANDY IN THE EVENT YOU HAVE TO CALL A BOARD MEMBER.
 BOARD MEMBERS CAN BE CALLED MONDAY – FRIDAY BETWEEN 10a.m. & 5p.m.**

And please, when you have a problem, refer to this list to get in touch with the appropriate Board member who is assigned to help you in that specific area. You'll save a lot of time, aggravation and extra phone calls. Thanks for your help.

BOARD MEETINGS 2017

HOA "GENERAL" MEETINGS 2017

- January 24th
- February 28th
- March 28th
- April 25th
- May 23rd
- June 27th
- July 25th
- August 22nd
- September 26th
- October 24th
- November 28th
- December 19th



These meetings will be held on **March 28th** and **December 19th** directly after the Board meetings on the same date. Our 2018 new Board elections will be held at the December HOA meeting.

Remember that **you are all encouraged to attend ALL meetings.** There will be time set aside at each meeting for you to bring up any issues you want to address, but **please indicate your wish to speak on the sign-in sheet on the dais when you arrive.** We want to hear from you and also keep you informed about all the things your Board is planning and doing for you.

Meetings are in the "B" Building, Viking Room, and start *promptly* at 7:30pm.

TEAR OFF THIS PAGE TO HAVE BOARD MEMBERS' NAMES, NUMBERS & ASSIGNMENTS PLUS OUR MEETING DATES HANDY!





From the
Grapevine Staff

**Wendy Karger • Helen Katz • Sharon McCloskey
Catherine Patti • Marty & Grace Soldivieri**