THE GRAPEVINE FALL 2023 Edition 356



VISIT OUR WEBSITE AT: WWW.DELRAYVILLASPLAT2.COM

GREETINGS FROM THE PRESIDENT

Scott Bradley

I am excited to inform our Plat 2 residents that the HOA Board has voted to accept Hotwire as our new TV and Internet provider. Most of the details are covered in the video presentation that you can watch on our website.

Our present contract with Comcast will expire in March. Hotwire will be laying fiber optic cable in the community. As each area is ready Hotwire will come to your home and set up your new service. You must return your Comcast equipment to Comcast. If you have questions about the fiber optic system or TV channel lineup please contact Howard Appel at 201 926-1060.

Some of you have noticed that we have new signs on our community's north and south ends so that people will be aware that there is no trespassing or solicitation in our neighborhood. No solicitation also goes for our Facebook Group page. There is also an alligator warning sign.

At our last HOA meeting, the board voted on stricter enforcement of parking rules. Proper daytime parking consists of two wheels (front and back) on the grass or swale and two on the roadway. There is no parking overnight but you may park across your driveway apron if your driveway is full. At no time should you block the sidewalk. Violators will receive one warning, and a second offense will incur a \$100 fine. We need to protect the infrastructure that runs beneath our swales.

On a more somber note, we all should take time on Patriot Day to honor and remember those killed in the September 11, 2001 attacks.

Happy Rosh Hashanah and Yom Kippur to our friends and neighbors celebrating the Jewish New Year.

Veterans Day is on November 11 and is a tribute to the military veterans who have served in the US Armed Forces. Take a few moments to look at our very own Plat 2 veterans honored in this issue of The Grapevine!

As always, it is an honor and privilege to serve as your HOA President. I take this responsibility very seriously and know that the decisions that we make as a board will have a positive impact on our community now and in the future. I look forward to seeing our homeowners at the next HOA meeting on **September 26th, 7:30pm** in "B" building at the Rec Center.

Thank you!

Scott



Delray Villas

August!

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September 2...Athena Psitos 6..Miriam Castro 8..Randi Elias 9..James Bulloch 11..Ellen Rosenman 13.Michael Kaufman 14..Allen Nudelman 14..Monica Harder 24..Diana Lucenti 25..Catherine Patti 26..Karen Pyron 21..Ben D'Errico 30..Jeffrey Siehien

October 1...Barbara Curewitz 2...Amy Becerra 2...Richard Gelin 2...John Tanturri 5...Arlene Nudelman 6...Gina Lopes 6...Dorothy Bodt 6...Justin Hinson 7...Cheryl Gelin 8...Angelo Demino 15...moshe Sinai 16...Victoria Kelsey 17...Nanette Ginsberg 20...Carmen Nicolaas 27...Ken Brown 28...Elliot King

November 2.. Elizabeth Rhyne 3.. Ed Wetschler 7.. Denise Henry 8.. Frederick Kelsey 10.. Richard Newton 14.. Ed Hogg 15.. Tashann Grant 15.. Holly Krahe 15.. Bella Dounias 16.. Jessie Bulloch 30.. Fran Appel

Poet's Corner

"Special" by Messina Mueller

Today is your special day
It seems the perfect time to say
You're so special in so many ways
Your special hug surrounds me like a warm blanket
Your special words comfort me and mean that you care
Your special generosity is proven by always doing more than your share
There are so many special qualities about you and the list is too long
Maybe someday I can write a whole special song
And know you are special wherever you may go or wherever I may be



To find out more about Messina Nicole Mueller or to order her book: https://store.bookbaby.com/book/my-colors-in-the light-and-the-dark



In Memory ...

Your specialness is rare and precious to me

Friends and neighbors of Steve Lutsk, who passed away last September, gathered poolside to celebrate his life, dedication to our community, and to present a memorial bench to his wife Harriet, and their family. Linda Downs said a beautiful, heartfelt prayer in Steve's memory.

Our neighbor, Vijay Kumar Mongia passed away early in May at the age of 75. He was the devoted husband of Prem, and loved by his children and grandchildren.

······

Ron Presser passed away in June. He and his wife, Andy, moved to Plat 2 in 2020 and soon became vital members of the community, making lots of new friends and involved in the After Six Club. Ron was devoted to his in laws in Plat 4/5, and became especially close as not only a son in law, but friend and caregiver to his father in law, Gene Stern. He leaves behind a legacy of love to his wife, Andy, sons, Jonathan and Michael, and daughters in law, Andrea, and Alex.



"The pain of grief is just as much part of life as the joy of love: it is perhaps the price we pay for love, the cost of commitment." –Queen Elizabeth II



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Rolando & Denise Henry...13312B Via Vesta Yusif Kherkher & Monica Harder...13297A Via Vulcanus Constantine & Athena Psitos...13090 Via Vesta Williams Escobar...13357A Via Vesta Joan Mackey...13398B Via Vesta

NEWS FROM YOUR ARB by Linda Downs

Our community is looking very good! People have been painting and putting new roofs on, replacing screened in porches, installing stamped concrete driveways, and gardening.

Please remember that ANY tree that is planted must be approved by the ARB and paperwork must be submitted. Also be aware that fruit trees are NOT allowed since 2005. The trees you see were grand-fathered in. If they should come down they will not be replaced with a fruit tree. If you do plant one you will have to remove it! No exceptions! Also try to remember that the ARB is not picking on anyone. We are volunteers who are guided by the rules and regulations of our community.

Your ARB, Linda Downs, Gail Brown, Theo K, Marty Soldiveri, and Carol Perfect

ARB forms can be obtained from an ARB Member, on our website at: ARB And Forms, and also in the pool house

POOL NEWS by Ben D'Errico

I am glad to report that our pool is in great shape and ready to provide cool relief from the heat. We had a wonderful Independence Day party thanks to the efforts of Sharon McCloskey along with the team of volunteers, Helen and Linda, who scrubbed the awnings and power washed the area. On a housekeeping note, please remember to replace chairs and tables after use to where you found them, and remember, there is no smoking or vaping at the pool. Look forward to the next pool party in November! Thanks!



PICKLEBALL At DELRAY VILLAS REC CENTER

Pickleball is a paddleball sport that combines rules similar to tennis. Two or four players use solid paddles to hit a perforated ball, similar to a Whiffle Ball, over a net. Find out more and give it a try! We play Monday through Thursday at 7 PM, and weekend games are 8:30 AM at the Delray Villas Rec Center tennis courts. Rackets and balls are provided to try out. Please contact Marlene and Paul Mirsky at 917 673-7830 (Plat 4 & 5) or Carmen Ojeda at 954 816-9966 (Plat 2). Hope to see you there!





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Our Neighborhood Wildlife

By Holly Krahe

We are so lucky to have great wildlife habitats next door at Wakodahatchee Wetlands and nearby Green Cay Wetlands! More than 250 different species have been sighted here, but most are transients only seen during Spring or Fall migration. Right in our backyards we have great birds that we can see all year.



We'll start with two of the most common year-round residents of South Florida wetlands and suburbs, and ones that are commonly confused with each other.

Both the Anhinga and Double-crested Cormorant are large, clunky, dark water birds we often see diving for fish or perched with their wings spread wide for drying. Why do they pose like that? Unlike ducks, both birds have incomplete waterproofing of their feathers and must dry out after diving.

The Anhinga has many nicknames - Snake Bird, Water Turkey and Devil Bird (so named by the Tupi Indians in Brazil). If you see the Anhinga fishing, its long skinny neck wiggling above the water, you will quickly see why it is called a Snake Bird. When it spreads it tail, it truly resembles a turkey! Adult male Anhingas are black with silvery to white streaks on the back and wings. Females and immatures have a pale tan head, neck, and breast. During breeding season both sexes show gorgeous blue eye decorations. We often see Anhingas soaring high over our homes, with a distinctive cross-shaped silhouette.

The Double-crested Cormorant is a world-class fisherbird that has been trained to assist fishermen in China, Japan, Greece, England, and France. The fishermen place snares or rings around their necks that prevent them swallowing the large fish they catch. Sadly, In Canada fishing interests have sponsored mass killings of the birds in recent years. Like the Anhinga, Cormorants are dark, but up close you notice orange-yellow skin on their face and throat. In breeding season, they have striking aquamarine eyes that sparkle like jewels and a mouth that is bright blue on the inside. You might also see the subtle tufts of feathers called "Nuptial crests" for which they are named. Here at Wakodahatchee Wetlands you may see a related species (Neotropic Cormorant), which has a white line forming a "V" around the gular (throat) pouch. They have interbred with the other Cormorants, producing generations of hybrids that are of great interest to tourist birdwatchers.



So How Can We Tell Them Apart?

Look at the beak/bill:

The Anhinga has a straight, long, pointy bill that stabs (and has barbs...so don't get too close...lol!)
Cormorants have a shorter bill that curves or hooks at the end.

How is it flying?

Anhingas soar and use an alternating (A) wing pattern—Flap, flap, then soar.

Cormorants use a steady, constant (C) wing flap, closer to the ground.

Look at the body type and colors:

Anhingas have more slender bodies and longer tails. Cormorants never show the dramatic black and white pattern seen on Anhingas!

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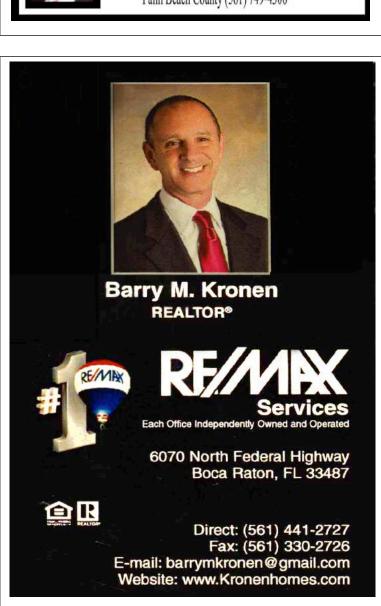
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Ed Wetschler is a recently retired travel editor and writer who now plays air guitar

17 Reasons to Visit Curacao Right Now

Visiting the Caribbean during hurricane season sounds crazy, but the last time a major hurricane hit Curacao was 1877. See, the winds that blow storms across the Atlantic tend to veer northward toward, well, us, so hurricanes bypass the islands near South America. Besides, one of those islands, Curacao, offers an unusual array of diversions beyond the beach.



Mind you, this former Dutch colony does have beaches galore and hotels ranging from **Pietermaai Boutique Village** (as little as \$100/night) to luxurious **Baoase Resort** to all-inclusives. Now is bargain season, too; e.g. **Papagayo Beach Resort**, which has both hotel rooms and "villas," is offering a 2-BR Garden View Villa with kitchen that's normally \$357/night for \$232/night. That's a \$2,500/week villa for \$1,625/week, plus taxes.

A personal favorite is **Avila Beach Hotel**. It has eye-pleasing art, a jazz bar, and an octagonal colonial building where South American liberation hero Simon de Bolivar once stayed. Also, it's just a few minutes walk from downtown Willemstad, so let's take a walk:



Willemstad, a UNESCO World Heritage Site, features multilingual residents and historic waterfront buildings that resemble Amsterdam's canal houses colorized in tropical pastels. (Tip: Photograph it from Queen Emma's Bridge.) Fort Amsterdam encloses a colonial governor's manse and a church with a perfectly round hole in one wall, courtesy of a British cannonball. The Rif Fort's courtyard has shops, restaurants, and free on Friday night family-friendly parties with live music.

Mikve Israel-Emanuel Synagogue (1732), the oldest continually running Jewish congregation in the Americas, boasts fine wooden pews atop a floor of sand. The **Jewish Cultural Museum** displays old photos, garments, menorahs, and even tools for the circumsision.





The **Kura Hulanda Museum** explores several anthropological subjects, but above all, its exhibits on slavery are riveting. And to depict the societies from which enslaved Africans were torn, it has amassed an excellent collection of African art.

Beyond Willemstad, cultural musts include *landhuizen*, Dutch colonial manor houses that offer tours, and **Nena Sanchez**'s art gallery. But let's get back to Curacao's gin-clear waters. There's terrific **wade-in snorkeling** at Cas Abou, Playa Pisado, and other beaches. You can even snorkel at the **Curacao Sea Aquarium**, or take a tour boat to the **Blue Room Cave** or the reefs of **Klein Curacao**. Yeah, fish like it here, too. For more info: http://www.curacao.com

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Some elements, mostly metals, have electrons that move easily from atom to atom allowing the flow of electrons. Copper is one of these elements that is a good conductor of electricity. Due to its relatively low cost, abundance, and physical properties, most wiring in your house contains copper conductors surrounded by various types of insulators. Insulators are substances that will contain the flow of electrons within the copper conductors.

Just as water is moved through your house in pipes using the force of water pressure, electricity, or the flow of electrons is moved through copper conductors by the force of voltage (volts). Just as the quantity of water is measured in gallons, the quantity of electrons is measured in amperes (amps).

Electricity in your house supplies the energy for your cooking, air conditioning, hot water, electronics, and lighting. It even charges your electric automobile. This electricity is supplied, controlled, and measured by the electric utility company (FPL). The utility company charges us for the energy they supply in the form of electricity and is measured by the electric meter on the side of your house.

Electric energy is measured in watts which are the volts supplying the power multiplied by the number of electrons flowing in the wiring. Watts=volts x amps. For example, if your refrigerator is plugged into a 120 volt receptacle and uses 10 amps of electricity while running, the refrigerator is using 120 x 10=1200 watts of energy. During the day the refrigerator ran for 5 hours. The amount of electrical power consumed would be 6000 watt/hours or 6kw/hr (kw=1000 watts). During each month, all your uses of electrical power are measured and compiled by your electric meter.

The utility company bills are determined by the number of kilowatt hours (kw/hr) of electric power as shown on your bill multiplied by the cost per kw/hr.

Now that you have an understanding of the fundamentals of electricity and electrical power, my next article, in the winter edition of The Grapevine, will address how electricity is safely controlled and handled within your home.

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An Apple a Day Keeps the Doctor Away

Dr. Howard Benedikt, DC, DCBCN, treats Acute & Chronic Pain, and provides nutritional care

We have all probably heard this proverb many times in our life. But is it true? Apples are the world's second most consumed fruit, second only to bananas. They make up an important part of the intake of certain nutrients that have been shown to reduce the risk of several chronic health conditions.

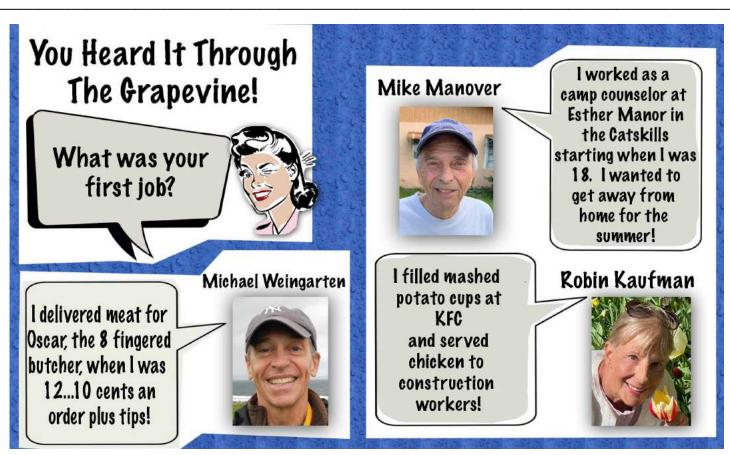
Apples are high in fiber. Too little fiber is linked to constipation. A high fiber diet and plant based chemicals can lower cholesterol along with vitamin C, potassium, magnesium and others. Several studies have shown that apple intake is associated with the reduction of cardiovascular disease and some cancers.

In a recent study published in 2020, researchers were able to show that consuming just two apples a day was able to lower serum cholesterol levels in those individuals suffering from mildly high levels of cholesterol. Another paper from 2016 looked at the relationship between apple consumption and cancer risk. Their conclusion was that the consumption of apples was associated with a reduced risk of cancer in different anatomical sites.

Over the last several years there has been a growing interest in the role of diet, lifestyle modification, exercise, and meditation in relation to chronic disease prevention and treatment. Therefore, if you want to stay healthy

and keep the doctor away, perhaps eating apples may be the proper medicine for you!







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This special tribute is in honor of those men and women in Delray Villas Plat 2 who have served our country in the military. It is important that we take time to recognize their contribution to our community and country.



George "Mickey" Kinley III is a Viet Nam Vet from our community who served as a US Army E6 Staff Sergeant from March to December 1970. He led a team that helicoptered into the Free Fire Zone (enemy territory) to gather intelligence and locate the Viet Cong.





Hal Rosenfeld served in the United States Army, Corps of Engineers ROTC from 1955-1960. Hal ranked as a 2nd Lieutenant, Active Duty, as an officer at the Engineer Intelligence Center HQ in Germany from 1960-1962 and 1st Lieutenant from 1962-1965. He was proud to attain the rank of Captain in 1965 and was honorably discharged in 1968.





Jim Zur served our country in the United States Marine Corps (USMC) from 1956-1959 and then for 3 more years in the Marine Corps Reserves. The USMC operates installations on land and is also responsible for conducting amphibious operations with the U.S. Navy.





Isobel Moss served in the United States Navy as a WAVE in Stillwater, Oklahoma during WW II. The name WAVES stands for Women Accepted for Volunteer Emergency Service. In 1938 WAVES were assigned full military status, including ranks and ratings. Women enlisted voluntarily and served the duration of the war plus six months. These women earned fifty dollars per month and wore navy blue uniforms and had dress whites, just like the navy men.





Rodger Mayrand, a former Delray Villas board member, enlisted in the US Air Force on February 10, 1952 and received an honorable discharge on February 29, 1956. Rodger is a Korean War Veteran and served there from March 1953 until February 1954.





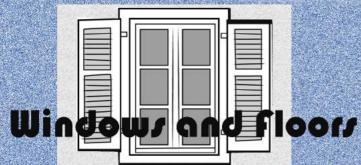
Dean Orlando served as a Colonel in the US Army Nurse Corp for 37 years and retired in 2019. The photo on the left was shortly before retirement. Col. Orlando attended jump school in 1985, and also worked with enlisted personnel. The photo on the right was while on duty in Fort Polk, LA in 2000.



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PLAT 2 BOARD OF DIRECTORS

President	Scott Bradley (2025)	954 253-6724	smh512010@yahoo.com
Vice President & Pool	Ben D'Errico (2023)	201 359-1126	bderrico99@gmail.com
Treasurer	Howard Appel (2024)	201 926-1060	howappe@aol.com
Recording Secretary	Arleen Kessler (2025)	561 330-4110	apk439@yahoo.com
Corresponding Secretary	Linda Downs (2025)	516 312-1131	ldcrna51@gmail.com
Lakes	Michael Goodman (2025)	703 965-3891	michael.goodman160@gmail.com
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Volunteers:			
Interviews	Reynold Pratt	561 499-3954	rpratt@comcast.net
Representative to the Rec Association:	Arleen Kessler	561 330-4110	apk439@yahoo.com
	Judy Clemon	561 496-0861	judyac213@gmail.com
	Howard Appel	201 926-1060	howappe@aol.com
Pool	Sharon McCloskey	561 809-6204	seaglass1942@gmail.com
Webmaster/Grapevine Editor	Lisa Weingarten	516 889-1105	dvplat2@gmail.com

PLEASE KEEP THIS PAGE HANDY IN THE EVENT THAT YOU NEED TO CALL A BOARD MEMBER BOARD MEMBERS CAN BE CALLED MONDAY-FRIDAY, 10AM-5PM

When you have a problem, please refer to this list to get in touch with the appropriate Board member for the specific area. Please call President Scott Bradley if you cannot reach the appropriate Board Member!

Our Plat 2 Architectural Review Board (ARB)

Linda Downs 516 312-1131....Theodora Karvounis 203 559-0417....Gail Brown 518 369-5569 Marty Soldivieri 201 716-9094....Carol Perfect 954 812-8787

Contact an ARB member M-F, 10am-5pm for an <u>Application For Addition or Alteration</u> form for work planned for the exterior of your home, and for paint, roof and mailbox choices.

Download forms and view paint, roof, and mailbox choices by visiting our website at: www.delrayvillasplat2.com and click the ARB tab.

Schedule of HOA Meetings for 2023

January 24th	May 23rd	September 26th
February 28th	June 27th	October 24th
March 28 th	July 25th	November 28th
April 25th	August 22nd	December 19th*

Meetings will be held in "B" Building at the Recreation Center at 7:30PM.

*Special meeting before regular meeting to elect new Board members at 7PM

Visit our website: www.delrayvillasplat2.com

Welcome Back Snowbirds



THE GRAPEVINE TEAM

Lisa Weingarten, Webmaster and Editor Contributors: Messina Mueller Linda Downs Ben D'Errico Ed Wetschler Dr. Howard Benedikt Howard Appel Holly Krahe

Delivery To Your Door Marty & Grace Soldivieri Sandy Bierwirth Gail Brown Diana Donahue Andrea Presser Linda Downs