

PRESIDENT'S MESSAGE

This is our last issue of The Grapevine before the summer, but it by no means represents the cessation of work in progress in our community and more that is slated to be done. Some of the issues we will be tackling over the summer will involve the resurfacing of our pool which hasn't been done in many years, as well as other repairs, including critical work on Lake 1. I am happy to report that water plants have been put in along the perimeter of Lake 2 to help prevent future erosion.

I would also like to add that our ARB (Architectural Review Board) has a real need for more volunteers. Miriam Castro is doing a spectacular job, but she could really use some extra helping hands. Give her a call at 561 265-5321 if you are interested in joining her team.

At our last Board meeting a great concern was expressed by several of our residents about the potential of cancer-causing ingredients in RoundUp. If you do not want to have RoundUp sprayed on your property you need to email your name and property address to Ed Clemon: eclemon755@aol.com. He will compile a list to be given to the landscapers so they will not spray your property. **However, along with this request comes the responsibility to keep your own property free of weeds on your sidewalk, driveway, and beds.** On page 5 in this issue is a recipe for a natural spray by Arleen Kessler. Safer products are also available in garden stores. If you have any safe alternatives please email them to: delrayvillasplat2@gmail.com and we will share them with the community.

We have unfortunately been apprised of some disturbing news concerning dog owners who have been depositing their "doggie bags" into other people's garbage pails! We have also been informed of dogs urinating on neighbors' lawns which may create brown spots on the grass. These areas attract other dogs to urinate in those same spots. This is inconsiderate on the part of the dog owner whose neighbor must now remediate their lawn. Please be more responsible when walking your dog by leading your dog to the grassy area abutting the street or to the street itself.

Those residents who are leaving for the summer must prepare their homes for hurricane season which is fast approaching. This will involve several steps. Remove plants and decorative objects which could become missiles in high wind. Trim back any top-heavy trees which could topple over damaging your roof or that of your neighbor. Make sure to toss out open boxes of food left in your cabinets to avoid unwanted guests. Remember to turn off your water. Unplug major appliances if you do not have surge protection. **It is suggested that you leave your thermostat set to 78-80 degrees to prevent mold and mildew.** This is especially important in a warm, humid environment like ours. Please be sure that at least one neighbor has the keys to your home in case of an emergency. We all need to work together to keep our community safe during every season, but particularly during the summer months. Please join us in this effort.

Wishing you all a safe and healthy summer!

George Kuhn
President

When is a Pumphouse More Than a Pumphouse?

When it becomes a whimsical piece of art!



You may never have noticed the odd little pink shed behind the pool with the pipes coming out of it every which way. I admit that I hadn't. It contains the mechanism which draws water from Lake 1 and pumps it into our sprinkler system. It does a fine job, except it was always a bit of an eyesore until it was suggested that with a few quarts of paint and a little imagination it could be transformed into something we could all look at and smile!

The Board enthusiastically approved a plan from Wendy Karger to convert that funny looking building into a piece of "art." And within three days at the end of March, with suggestions and help from others in the community and lots of dedication, it was done! The pumphouse had gotten a whimsical face life and morphed into an eye-catching palm tree mural. Even the pipes were incorporated as "roots" of the palm trees.



This is just another example of how Plat II has enhanced the pool--the hub of our community. Wendy had also put her brush to some tired, worn benches in the pool area to bring them back to life as stylized pieces of "folk art" with color and whimsy.

We also now have a picnic area with tables with umbrellas, a grill, and nighttime lighting on the interior of the pool to add to the festive look and feeling of our favorite gathering place.



It's wonderful to see the commitment of the various people in our community, including Sharon McCloskey, Steve Lutsk, Charlie Jeffreys, Jory Siegel and others, who have devoted their time, effort and talents into maintaining not just the physical integrity of the pool, but also creating an atmosphere which promotes a feeling of fun and pride. What a team! And there's even more to come. So, stay tuned!



CLUB HAPPENINGS

For a complete listing and additional information on all activities please consult the Recreation News insert found in the paper copy of The Grapevine

Dancercise with Ann Shamberg, 561 499-0541, meets Tuesdays & Fridays, 8:45am, "A" building. Note: There will be no Wednesday classes until after the summer.

Canasta and Mahjong Club Meets every Thursday at 7pm, "B" building card room. Contact: Diane Stevens, 413 222-7866 or Peg Donahue, 561 908-2004.



Delray Villas Crafts with Kathe Helbig and Jon & Doris Fagin, every Thursday from 12:30-3:30pm and 6:30-9:30pm in the ceramics room, "B" building. Activities: watercolor painting, beading, crocheting. Fee for supplies only. Call Jon and Doris Fagin, 623 810-3447, for more information. Greeting Cards 101, Tuesday, May 7th, 7-9pm, Roberta Snetsky, 561 270-3035.

The After Six Club Our next meeting is on Wednesday, May 1st. This is a friendly group of fun loving young seniors who meet on the first Wednesday of each month at 7pm in the "A" building. There is lively discussion, entertainment, socializing with friends, and coffee and cake. We do not discuss current events or politics. All are welcome to join for \$15.00 per person a year.

Men's and Women's Social Club Our next meeting will be on Tuesday, May 21st at 7pm in the "A" building. We will have a meeting and then entertainment. Coffee, cake and snacks will be served.

Na'Amat USA The next meeting will be on Monday, May 6th at 9:30am in the "A" building. Bagels and coffee will be served. We look forward to seeing you there.

Deborah Welcome to our next meeting on Thursday, May 16th at 10:30am in the "A" building. Bagels and coffee will be served and we will play Bingo.



Delray Book Club meets on the first Monday of the month at 1pm in the "B" building, Ceramics Room. Our selection for May 6th will be *Orphan Train*, by Christine Baker Kline. The summer selections will be as follows: June 3rd, *Firefly Lane*, by Kristin Hannah, July 1st, *Glass Castle*, by Jeanette Walls, August 5th, *Snowflower and The Secret Fan*, by Lisa See, September 9th, *Shelter in Place*, by Nora Roberts. All books are available at the Hagen Ranch Library. Please call Elaine Guanci, 770 630-7367.

Dance Club Learn line dancing and other dances with Debbie and Joe Wilson on the 3rd Wednesday of the month, May 15th, 7pm, "B" building. Call 631 624-7778 for more information.

Gentle Yoga with Carol. Meets Saturday mornings at 10am in the "B" building, \$35 for a 5 week sequence or \$7per session. Bring your yoga mat. Call Fran Rubenstein for more information, 201 739-2223.

Our Plat 2 Architectural Review Board

The Architectural Review Board is a separate entity from our HOA board. The ARB members for 2019 are:

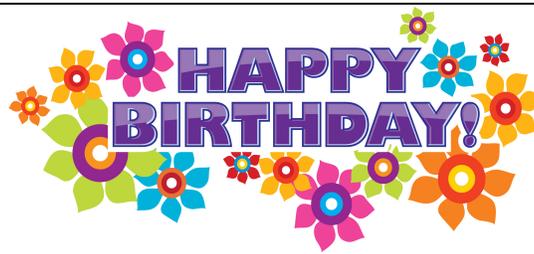
Miriam Castro: 561 265-5321 ★ Allan Bloom: 954 268-3612 ★ Lynn Amsterdam: 973 464-6105
Grizel Maura: 954 647-7684 ★ Barbara Peterson: 561 563-8950 ★ Rosa Palomar: 561 270-2946

MORE VOLUNTEERS ARE NEEDED! PLEASE CONTACT MIRIAM CASTRO: 561 265-5321



If you want to make an improvement to the outside of your home, (painting, roof replacement, landscaping, extending your driveway, putting in new doors and windows, etc.) you need to get your plans approved by this group. They will provide you with an *Application For Addition/Alteration* form and will inform you of what is required of your contractor, and necessary permits. Upon request, the ARB will provide you with the approved house and driveway paint palettes. Call them with any questions and let them help you get through all the necessary steps.

*Happy Mother's
Day
May 12, 2019*



*Happy Father's
Day
June 16, 2019*

May

2....Mario Ventura
6....Bonnie Ott
9....Arline Tanzer
16...Joseph Polkowski
17...Carole Pino
18...Derek Hannan
19...George Kuhn
25...Arlene VanAmburgh
26...Irene Rosenfeld
31...Wendy Karger

June

10...David Heisler
12...Jim Zur
14...Harold Rosenfeld
23...Leatha Jimerson
24...Douglas Ousterman

July

2....Jory Siegel
4....Vijay Mongia
7....Betty Rabinowitz
7....Margaret McNally
11...Sharon McCloskey
11...Eleanor Gillis
15...Neil Preston
16...Louis Ciccone
20...Russel Mayer
26...Susan Polito
27...Kathryn Condesa
28...Vera Weinberger
31...Michele Creegan

August

1....Rodger Mayrand
2....Grace Soldivieri
6....Ann Swift
10...Prem Mongia
18...Joanie Zur
21...Boris Katz

"The older I get, the more clearly I remember things that never happened." – Mark Twain



*May 13...Manny & Adele Guadalupe
29...Marty & Grace Soldivieri
June 11...Harry & Margaret McNally
13...Charles Jeffreys & Angela O'Connell
15...Ed. & Judy Clemon
July 3....Mike & Phyllis Manover
August 11...Howard & Mary Ellen Benedikt
17...Howard & Fran Appel*

In Memoriam

We mourn the passing of our neighbor Sam Bloom who left us at the beginning of the Passover holiday. Sam lived in our community with his son Allan. He will be missed by all who knew him.

Pet of the Month



I am Puppy Jablonski, a six year-old white, fluffy, Polish pup. I live with Nick and Kathryn. You can see me walking with my dad Nick and my friends, Buddy, Louis, and Missy. I am a really happy girl.

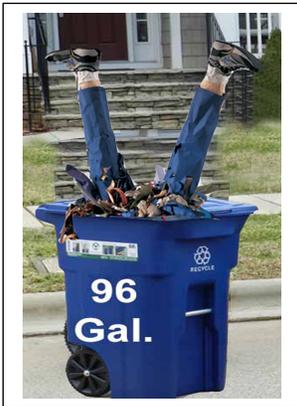
You Heard It Through The Grapevine

Answers to Commonly Asked Questions

Dear Grapevine, In the February issue of The Grapevine we were informed by our President that in October we will receive new trash cans that are mechanically lifted and dumped into the truck. Homeowners will receive new cans to fit the mechanism and there will be only a driver on the truck. The only caveat is that we all have the same size and color can. What will the size be, and how will the decision about which can will be chosen be made? -signed Trash Man



Dear Trash Man, The new trash bins will be provided to us free of charge and our board, after taking many factors into consideration, has decided on which size can to choose. The choices were 96 gallon, 65 gallon or 48 gallon. Presently, most homeowners have 30 or 48 gallon containers. The 96 gallon can is way larger than most of us need. The 48 gallon can may not have enough capacity considering that all of our trash must fit in the can and we can't leave bags lying beside it. So, the winner is the 65 gallon can in dark green. It's not too big. It's not too small. It's just right. The new cans will all wheel to the curb and must be properly positioned for pick up. As of now, our twice per week pick up schedule will remain in effect and we will still have our same recycling containers.



To get a better idea of the relative size of the containers, here's a photo of a neighbor standing beside the 65 gallon can and also the 48 gallon can. Important factors in deciding included: what volume of trash meets our needs? Is the size that most of us have now adequate to fit all trash without spillover? How easy will it be to maneuver the larger containers?



The 96 gallon posed potential problems. The 65 gallon can was deemed the appropriate choice.



Weed-Be-Gone
1 Gallon Vinegar
2 Cups Epson Salt
1/4 Cup Dawn Dish Soap (The Blue Original)

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Cheaper than anything you can buy anywhere! Never buy Round-up again!

Dear Grapevine, There has been a lot of news coverage recently concerning chemicals like RoundUp causing different types of cancers in people and pets. Do we use RoundUp in our community? If we do can we see if our garden service will give us a more natural option? Can I choose to not have my property sprayed? -Signed No Spray On Me

Dear No Spray, Our community is stepping up to the plate and lessening our use of chemicals on our property. RoundUp is used as a weed killer on sidewalks, driveways and beds. However, board Vice President, Ed Clemon, is compiling a list of folks who do not want the weed killer sprayed on their property. His email is: eclemon755@aol.com. Please provide him with your name and address. You will need to take care of your own property by either weeding by hand, or using a natural product that you can make yourself or buy. Our lawns are not sprayed for weeds and no chemical fertilizers are applied. This reduces run off into our lakes and protects wildlife.

TO YOUR HEALTH

Wendy Karger

What's nutritious, healthful, versatile and even good for your mind?



Most people think of strawberries as a dessert-only treat that is delicious but not particularly healthful, and that couldn't be further from the truth. Not only are strawberries versatile, as Catherine will show us on the following page, but they supply considerable nutritional value and have been shown to serve as an important ingredient in disease prevention.

Strawberries have more vitamin C than an orange! In a survey conducted by the California Strawberry Commission, 89% of respondents thought that oranges have the most vitamin C per serving of any fruit. (Vitamin C has antioxidant properties which help protect the body from oxidative stresses which often contribute to disease.)

In fact, strawberries are packed with several healthful nutrients. An average serving of 8 medium-sized strawberries contains:

- 140% of the recommended daily allowance of vitamin C
- 12% of your recommended daily fiber
- 6% of the daily recommendation for potassium

And all that comes with only 7 grams of sugar and 45 calories per serving.

A study published in *Circulation* found that high anthocyanin intake, such as consuming more than 3 weekly servings of strawberries, is associated with a lower risk of heart attacks in middle-aged women.

Another study involving 37,000 non-diabetic middle-aged women, which was presented to the American Diabetes Association by Dr. Howard Sesso, ScD, MPH of Harvard University, revealed that, over 14 years, those who ate strawberries at least once monthly developed substantially fewer cases of diabetes compared with those who did not.

In addition, researchers recently discovered an eating regimen that can lower your risk of Alzheimer's by more than one-third. It's called the Mediterranean Intervention for Neurodegenerative Delay or MIND. Among other foods, a daily serving of berries, including strawberries, can play a large role in staving off dementia in old age.

So, the next time you look at a strawberry, think of it as a heart-healthy super-fruit which can help stave off diabetes and may even delay dementia.





Strawberries...Strawberries...Strawberries

By Catherine Patti

Strawberry Oatmeal Bars are a healthy fruit dessert, breakfast or snack made with fresh strawberries, and a whole grain crumb topping. Oatmeal bars are a favorite, because they are delicious, versatile, easy to make and just 100 calories each!

FOR THE STRAWBERRY BARS:

1 cup old-fashioned rolled oats
3/4 cup flour
1/3 cup light brown sugar
1/4 teaspoon ground ginger
1/4 teaspoon kosher salt
6 tablespoons unsalted melted butter
2 cups small-diced strawberries
1 teaspoon cornstarch
1 tablespoon freshly squeezed lemon juice
1 tablespoon granulated sugar



Place a rack in the center of your oven and preheat to 375 degrees F. Line an 8x8-inch baking pan with parchment paper so that the paper overhangs two sides like handles.

In a medium bowl, combine the oats, flour, brown sugar, ginger, and salt. Pour in the melted butter and stir until it forms clumps and the dry ingredients are evenly moistened. Set aside 1/2 cup of the crumble mixture, then press the rest into an even layer in the bottom of the prepared pan.

Scatter half of the strawberries over the crust. Sprinkle the cornstarch evenly over the top, then sprinkle on the lemon juice and 1/2 tablespoon of the granulated sugar. Scatter on the remaining berries, then the remaining 1/2 tablespoon sugar. Sprinkle the reserved crumbs evenly over the top. You will have some fruit showing through.

Bake the bars for 35 to 40 minutes, until the fruit is bubbly and the crumb topping smells toasty and looks golden. Place the pan on a wire rack to cool.

Easy Fresh Strawberry Mousse is a beautiful, cloud like dessert that looks so decadent! The best part is that there is no cooking or gelatin involved.



In a blender or food processor puree 12 ounces of strawberries with 1/2 cup of sugar. Remove about half a cup of puree and set aside. Whip 1 cup cold whipping cream until very thick. Fold the remaining puree into the whipped cream until combined.

Place a couple of tablespoons of strawberry puree on the bottom of each of 4 glasses. Top with the Strawberry Mousse and refrigerate for an hour or even longer if desired.

Serve with fresh sliced strawberries. So good!

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Delray Villas Plat 2

SAVE THESE DATES!

**Memorial Day Get Together
Sunday, May 26th**

**4th Annual 4th of July
Celebration, Thursday 7/4**

Both events will be

1-4 PM Poolside

**Hot Dogs, Hamburgers, Rolls, Condiments, Plates provided
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Our Amazing Neighbors

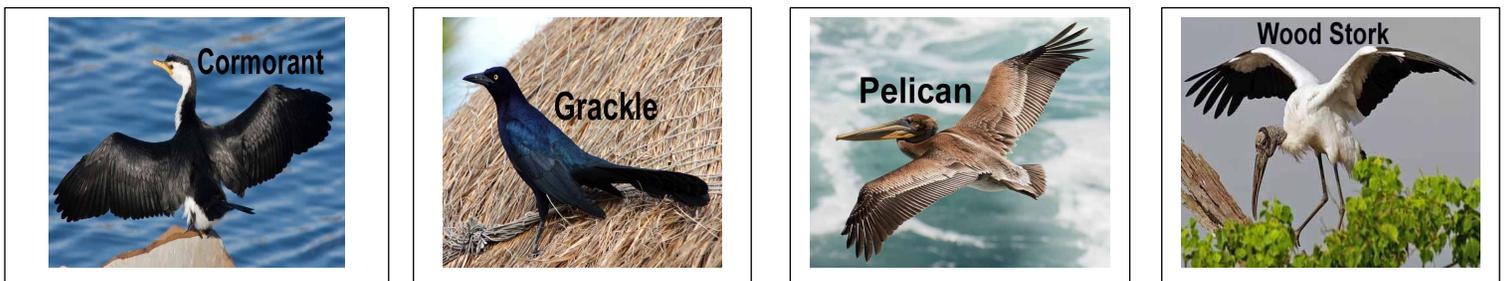
Whether you are a real bird enthusiast or a casual observer, you can't help but be awed by the abundance of wildlife and birds in our area. Here is a brief synopsis of the birds we see daily in our community described by amateur ornithologist, Hudson Smith.

First, there is the **Ibis**, or what many of have nicknamed *worm eater*. According to Hudson Smith, they do, indeed, come out after a rain or when the lawns have been watered and gobble up the worms that come to the surface. They are white birds with a long orange beak that curves down, ideal for picking worms. Mr. Smith reminds us to not confuse them with the **Egret**, also a white bird of about the same size, but has a black pointed beak and legs with yellow feet.



The true royalty of the neighborhood is the **Great Blue Heron**. We have a resident Great Blue Heron couple who builds a nest each year in the Australian Pine tree on the border of Wakodahatchee and Lake 2. They are beautiful gray blue birds with an orangish beak. The Great Blue Heron can grow to over 4 feet tall and have a wingspan of nearly 6 feet!

The **Cormorant** is often found fishing in our Delray Villas lakes. They are black birds with a white face and front. They are often seen on the shoreline drying their outstretched wings. They cannot fly again until their wings have a chance to dry off.



We have all seen **Grackles**. They are the pesky black birds that leave droppings in our pool. They look like crows and may be a bit louder.

We also have **Pelicans** gliding over our lakes. They soar up high and dive for fish. The Pelican has a distinctive thick, pointed beak and brown body, with its long neck curved into its body. The oldest recorded Pelican was 43 years old!

Last to be mentioned in this short discussion of our birds is the **Wood Stork**. You may have noticed the abundant nesting birds in Wakodahatchee. They are very large birds with white bodies, black heads and long pointed beaks. They don't carry human babies to waiting families, but they are very attentive to their own chicks and when you visit Wakodahatchee you will be surprised by the noisy begging calls. Hudson Smith summarizes, "There are so many birds in South Florida. It is worth looking at them online or getting a guide book to use as you walk through Wakodahatchee, Green Cay or even right here in our own neighborhood."



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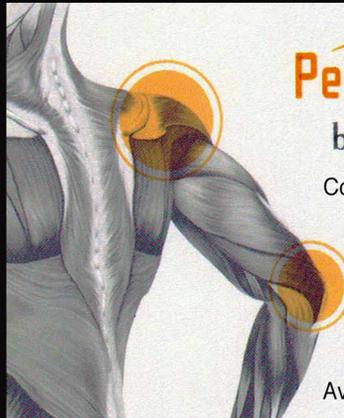


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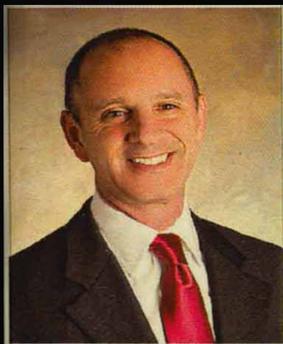
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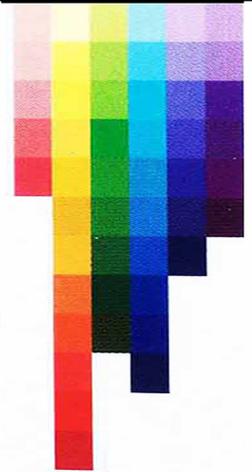
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14560 S. Military Trail
Suite B-1
Delray Beach, FL 33484
561-495-5411

BUDGET

Electrical Service

24/7 Emergency Service • EC13004082

✓ Troubleshooting ✓ Installations ✓ Repairs

561 637-2366



CLASSIFIED ADS: You are welcome to place a classified ad here: 2 lines for \$2 per month. Contact Wendy Karger: wendkarger@aol.com

Energetic retired realtor available to take neighbors to doctors, shopping, help with daily routines and spend time with them. Call Rose Panzarella: 561 862-9176

Home Health Care by licensed, certified care giver. Available for routine home checks, give medication, take blood pressure, home visit just to see that you are ok!
Do you need more care? I am available for that also. Please call Marie, a Delray Villas Plat 2 neighbor at: 561 299-7506. References available.

Donations of clean, gently used clothing, household items, etc. for Blessings and Bargains Thrift Shop. Items can be picked up and will be much appreciated. Call Sharon McCloskey: 561 865-3780

Via Vesta resident **AT YOUR SERVICE!** Affordable house cleaning, power-washing, driving to doctors, airports, plumbing, window-washing, house sitting—you name it! Call Michael Portnoy: 914 572-0016

**CHOOSING THE RIGHT REALTOR
DOES MAKE A DIFFERENCE**

**COLDWELL
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RESIDENTIAL
REAL ESTATE**



**Betty
Hillier**

BROKER ASSOCIATE

561 400 2392

A REALTOR WHO KNOWS AND LIVES IN DELRAY VILLAS

PLAT 2 BOARD OF DIRECTORS

President	George Kuhn (2021)	561 568-2510
Vice President	Ed Clemon (2019)	561 496-0861
Treasurer	Scott Bradley (2019)	954 253-6724
Recording Secretary	Arleen Kessler*	561 330-4110
Corresponding Secretary	Wendy Karger (2019)	561 638-3114
Lawns & Landscaping	Bill Margillo (2020)	561 495-9927
Pool	Sharon McCloskey (2019)	561 865-3780
	Steve Lutsk*	347 236-1077
Board Member	Ed Redder (2019)	561 894-7047
Interviews	Reynold Pratt*	
Beautification	Pat Kuhn*	561 762-3920
Compliance	ALL DIRECTORS	
Representative to the Rec Association:	Arleen Kessler*	561 330-4110
	Judy Clemon*	561 496-0861
Plat 2 We Care Representative	Jack Kessler*	561 330-4110

*Indicates volunteer

*PLEASE KEEP THIS PAGE HANDY IN THE EVENT THAT YOU NEED TO CALL A BOARD MEMBER
BOARD MEMBERS CAN BE CALLED MONDAY-FRIDAY, 10AM-5PM*

When you have a problem, please refer to this list to get in touch with the appropriate Board member for the specific area. You'll save a lot of time, aggravation and extra phone calls. Thank you for your help. Please call President. George Kuhn if you cannot reach the appropriate Board Member!

BOARD MEETINGS 2019

January 22	February 26
March 26	April 23
May 28	June 25
July 23	August 27
September 24	October 22
November 26	December 17**

Meetings are in "B" Building, Viking Room, and start promptly at 7:30PM

**Special meeting directly after regular meeting to elect new Board members for 2019

Remember that everyone is encouraged to attend ALL meetings. There will be time set aside at each meeting for you to have your issues and concerns addressed. Please indicate your wish to speak on the sign in sheet on the dais when you arrive. We want to hear from you and also keep you informed about Board plans.

See You in September!



From the
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